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Connect With Us!
WWW.ALZTRISTATE.ORG
100 MEMORY LANE
TEXARKANA, TX 75503
903-223-8021
VOLUNTEER SPOTLIGHT

Barbara Taylor

The front office is many times the first impression that guests and families receive. Since 2013, one of our amazing volunteers, Barbara Taylor, has helped us keep the front office area looking nice and professional.

Barbara provides flower arrangements for the office each week and helps to maintain our plants in the front lobby. Barbara says “being retired from the garden center business makes caring for plants a labor of love that our Friends and visitors can enjoy.” Not only does Barbara keep our office looking bright and cheery, she also assumes many duties in the front office. She helps to greet our visitors, answer phone calls and helps with numerous fundraising tasks.

Many of Barbara’s friends also volunteer their time, labor and money to this worthy cause. Barbara says “being a part of our Friends’ enjoyment is a rewarding experience. Helping to allow the caregivers rest from their daily responsibilities is important. The volunteers and staff members are all loving, caring people dedicated to the mission of the Alzheimer’s Alliance.”

Thank you Barbara for all you do for us!

MEMORY SCREENING

Contact the Alzheimer’s Alliance to schedule your free screening for any of the following dates: 

October 10, 2019 • November 14, 2019
December 12, 2019

* Memory screenings are like other routine health check-ups. 

*Each memory screening takes approximately 10 minutes and while the result is not a diagnosis, it can suggest if someone should see a physician for a full evaluation.

Memory Cafe

The Alzheimer’s Alliance Tri-State Area will be hosting a Memory Café on October 26 and November 23 at our facility located at 100 Memory Lane. (We will not have a December Memory Café due to the holiday.) This Café is targeted towards caregivers and their loved ones who suffer from Alzheimer’s disease or dementia. The Memory Café is a one-of-a-kind experience, giving caregivers the opportunity to socialize and learn in the same setting. We offer a brunch style meal followed by a caregiver breakout session, while loved ones enjoy activities in our respite center with trained volunteers. If you are interested in making reservations to attend our Café, please call us at 903-223-8021.

This Memory Café has been made possible in part by a grant from the Alzheimer’s Foundation of America.
Memorials & Honorariums

We take time to remember those we lost while looking forward to the new lives we will touch. For more information regarding memorial and honorarium contributions, please contact us at 903-223-8021.

Memorial Contributions

Sharon Cavileer Carter
Jan & Mike Beth
Jana & Larry Berry
Donna Hanner

Stephanie Boyd Crane
Ashley & Michael Boyd
Becky, Mary & Melba Boyd
Mindy & Mark Lafferty
Tee Party

Melba Dolezalek
Don Dolezalek

Sallie Dill
Alice Coleman
Chayta Mills
Sherry & John Ross, III
Jo Ann Ward

Bobbie Hubbard, Sr.
Lacey Adams
Terrie Arnold
Katie & Josh Andrus
Sara & Herman Barnett
Lorraine & Charles Bell
Commercial National Bank
Judy & David Folsom
Horatio State Bank
Kelly Murchison
Martha & Fred Norton
Kathleen Pitcock
Beverly Copeland & David Rolf
Carla & Robert Sanderson
Katheryn Schmidt
Tammy Strickland
Stacy Yates

Donsald Huckabee
Chayta Mills

Barbara Lunceford
Joyce & Bill Stephens

Patsy McFerran
Jerre & Bill Roberts

Martha Morriss
Jerre & William Roberts

Ellery Pippen
Sherry & John Ross, III
Jo Ann Ward

Dwight Purtell
Josh Morriss, Jr.

Joe Don Renner
Caddo Area Friends
Friends and Colleagues of
College of Arts, Science, and
Education at Texas A&M
University-Texarkana
Dr. Jaquita Hargus
Peggy Lawrence
Mary Beth, Angela, Elizabeth
and Robin
Gretchen Pivonka

Kathy Rochelle
Lindalyn, Boyd &
Jerry Campbell

Flora Sutton
Jane & Richard Elrod

Lewis Thompson
Chayta Mills

Vernon Wildbur
Sherry & John Ross, III

Helen Williamson
Greta Alexander

Troy Wilson
Robin & Glenn Barfield
Gleaners Sunday School
First Baptist Church-Nash
Carolyn Jones
Members of the Assessments
Division at
Red River Army Depot

Hazel Yearwood
Greta Alexander

Honorariums

Mary McVay, LPN
Christus St. Michael’s
Scrub Nurses and Staff

Margaret Mathis
Stephanie & Royce James

LaWanda Rich
Carolyn Rose and
Bonnie Moreland

Jo Ann Ward
Greta Alexander

Let the Alzheimer’s Alliance help you with your gift giving this holiday season. We offer personalized cards of recognition for those who choose to give the gift that gives back. For more information contact us at 903-223-8021.
Making a Memory Box

In many cases, Alzheimer's and related dementias begin with a deterioration of short-term memories. However, a memory box can help your loved one recall particular memories and people/events from the recent past. Memory boxes can often provide mental and emotional stimulation for a loved one. Start to create a memory box by acquiring a container like a basket, a plastic bin, drawer or a shoebox. Make it as decorative or as simple as you like. It should be large enough to store a number of items of reasonable shapes and sizes and fit on your loved one’s lap or a small table.

Avoid items that are heavy, dangerous or sharp. If an item is irreplaceable, leave it out. Focus on items that have meaning to your loved one or that relate to a meaningful moment in his/her history. Also include things that have a particular texture or fragrance-items that can be touched and smelled-as both might trigger sensory memories. For example, items that can be touched and smelled again and again. You may wish to label the items or include a sheet of paper that lists all of the items with a short sentence or phrase about each one. Here are some suggestions of keepsakes for your memory box.

- Copies of family photos with labels including names and perhaps the date
- Different types of fabrics the loved one finds appealing/comforting
- Dried flowers, flower petals, pinecones, acorns, leaves
- Perfume or lotion that the loved one wore
- Children/Grandchildren’s artwork
- Vacation souvenirs
- Letters
- Sheet music
- Jewelry, perhaps a favorite necklace that the loved one wore

For people with dementia, a memory box can aid in reinstating personal identity—even for a short time—and help them hold on to cherished memories.

Easy Pumpkin Soup

- 2 Tablespoons Butter
- 2 Large Yellow Onions, Sliced
- 2 Cloves Garlic, Minced
- 1 Teaspoon Salt
- 1 Teaspoon Cinnamon
- 1/2 Teaspoon Nutmeg
- 1/2 Teaspoon Ground Ginger
- 2 15 Ounce Cans Pumpkin Puree
- 2 Cups Chicken Stock
- 2 Cups Water
- 1/2 Cup Heavy Cream

Melt the butter in a large pot over medium heat. Add the sliced onions to the pan and cook stirring occasionally until caramelized, about 15 minutes. Add the garlic, salt, cinnamon, nutmeg, and ginger to the onions and stir constantly for one minute. Add 1/4 cup of the chicken stock and use a wooden spoon to scrape any browned bits from the bottom of the pan. Turn heat to low and simmer the soup for 20 minutes. Turn the stove off and use a handheld immersion blender to puree the soup. Alternately, use a regular blender and puree the soup in 2-3 batches. Stir the heavy cream into the soup, serve immediately with warm bread if desired.

“Life starts all over again when it gets crisp in the fall.”
- F. Scott Fitzgerald
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<th>PLACE</th>
<th>CONTACT</th>
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<td>El Dorado, AR</td>
<td>3rd Thursday/month 6:30 PM</td>
<td>Simmons First Bank 100 West Grove</td>
<td>Nancy Bailey</td>
<td>(870) 234-7410</td>
</tr>
<tr>
<td>Jefferson, TX</td>
<td>3rd Tuesday/month 6:00 PM</td>
<td>Cypress Place Assisted Living &amp; Memory Care 100 W Douglas Street</td>
<td>T. Warren</td>
<td>(903) 601-2124</td>
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<td>Magnolia, AR</td>
<td>1st Wednesday/month 1:30 PM</td>
<td>Columbia County Library-Conference Room 2057 N. Jackson</td>
<td>Nancy Bailey</td>
<td>(870) 234-7410</td>
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<td>3rd Thursday/month 12:00 Noon</td>
<td>Titus Regional Med. Ctr. 2001 N. Jefferson</td>
<td>Stormi Thompson</td>
<td>(903) 577-6593</td>
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<td>Mt. Vernon, TX</td>
<td>3rd Thursday/month 2:00 PM</td>
<td>Mt. Vernon Library 100 Main St East</td>
<td>Gary Nelson</td>
<td>(903) 431-5508</td>
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<td>Texarkana, TX</td>
<td>2nd Tuesday/month 2:00 PM</td>
<td>Alzheimer’s Alliance 100 Memory Lane</td>
<td>JoAnn Ward</td>
<td>(903) 277-1253</td>
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<td>Texarkana, TX</td>
<td>3rd Friday/month 2:00 PM</td>
<td>Alzheimer’s Alliance 100 Memory Lane</td>
<td>Marisa Pearcy</td>
<td>(903) 223-8021</td>
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<td>Texarkana, TX</td>
<td>3rd Wednesday/month 2:00 PM</td>
<td>The Magnolia Assisted Living 4205 Richmond Meadows</td>
<td>Betty Lawson</td>
<td>(903) 838-7319</td>
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WE ARE CONTINUALLY ADDING NEW SUPPORT GROUPS TO OUR SERVICE AREAS. IF YOU ARE INTERESTED IN LEARNING MORE ABOUT JOINING A SUPPORT GROUP OR BECOMING A FACILITATOR FOR A SUPPORT GROUP, PLEASE CONTACT OUR OFFICE AT 903-223-8021.

Please join us in honor and memory of friends and loved ones who have been affected by Alzheimer’s disease or other related dementias at our annual 

**Candlelight Service**

Thursday, November 14, 2019 at 5:30 PM
Chapel at Williams Memorial United Methodist Church
4000 Moores Lane, Texarkana, TX
We raised $48,059

THE DORIS K. JAMES MEMORIAL

OVER the EDGE

Thank you to all of our participants, sponsors, volunteers and committee members!

The 2nd Annual Remember The Ride fundraiser is reporting great success. This year, in lieu of 183 consecutive days riding, more effort was directed to the raffle, burrito sales and poker run. The one day event was held at Texarkana Harley-Davidson. In addition to the named sponsors Tyson Foods and Texarkana Harley-Davidson, Indian Motorcycles of Little Rock also joined our efforts. Thanks to all who helped and contributed. We raised: $10,099
Memorials & Honorariums

Honor your family or friends by contacting the Alzheimer’s Alliance and setting up a Memorial or Honorarium that will be featured in our quarterly newsletter.

Donations

100% of donations will be used locally for the Alzheimer’s Alliance and Our Place Respite Center.

Donations can be made to:

Alzheimer’s Alliance Tri-State
P.O. Box 7812
Texarkana, TX 75505

www.alztristate.org

Endowment Fund

Arkansas Community Foundation is a nonprofit organization that promotes smart giving to improve communities. The Community Foundation offers tools to help Arkansans protect, grow and direct their charitable dollars as they learn more about community needs. By making grants and sharing knowledge, the Community Foundation supports charitable programs that work for Arkansas and partners to create new initiatives that address the gaps.

To donate to the Alzheimer’s Alliance Tri-State Area Endowment Fund please visit

www.arcf.org/toolsforsmartgiving/giveonline.aspx

Or call our office for more information